

SWEAT TIL THE SUMMER

Fundraising Event Benefiting NHS Class of 2021

Open to all NHS students, teachers/staff, family, & friends!!

Name: _____

Phone: _____ Email: _____

I am a... _____ Student _____ Teacher/Staff _____ NHS Family Member/Friend

Associated with _____
(NHS Student's Name)

Event(s): (please check)

_____	M 5/13 - 4:30 PM - 5:15 PM - training w/ Xtreme Pulse Fitness (16 Hendricks Ave.)	\$15
_____	M 5/13 - 4:30 PM - 5:30 PM - boot camp w/ Infinity Fitness Darien (265 Heights Rd., Darien)	\$24
_____	M 5/13 - 6 PM - 7 PM - outdoor yoga w/ Positive Addiction @ Norwalk City Hall (125 East Ave.)	\$20
_____	W 5/15 - 6 PM - 7 PM - outdoor boot camp w/ Positive Addiction @ Norwalk City Hall (125 East Ave.)	\$20
_____	F 5/17 - 5 PM - 6 PM - hot yoga w/ Soma Samadhi Yoga & Dance (112 Main St.)	\$18
_____	M 5/20 - 4:30 PM - 5:15 PM - training w/ Xtreme Pulse Fitness (16 Hendricks Ave.)	\$15
_____	M 5/20 - 5 PM - 5:55 PM - strength training w/ B All About Your Body (443 Elm St. (rear), Stamford)	\$20
_____	M 5/20 - 6 PM - 7 PM - outdoor yoga w/ Positive Addiction @ Norwalk City Hall (125 East Ave.)	\$20
_____	Tu 5/21 - 4:30 PM - 6 PM - rowing (Day 1) w/ Norwalk River Rowing Association (1 Moody's Ln.)	\$20
_____	W 5/22 - 4:30 PM - 6 PM - rowing (Day 2) w/ Norwalk River Rowing Association (1 Moody's Ln.)	\$20
_____	W 5/22 - 6 PM - 7 PM - outdoor boot camp w/ Positive Addiction @ Norwalk City Hall (125 East Ave.)	\$20
_____	W 5/22 - 6:40 PM - 7:30 PM - Pure Reform (barre) w/ Pure Barre Westport (291 Post Rd. E., Westport)	\$20
_____	Tu 5/28 - 4:30 PM - 5:30 PM - Zumba w/ Intensity Club (490-508 Westport Ave.)	\$20
_____	Th 5/30 - 4:30 PM - 5:30 PM - barre w/ The Bar Method (25 Sylvan Rd. S., Suite D, Westport)	\$15
_____	M 6/3 - 4:30 PM - 5:15 PM - training w/ Xtreme Pulse Fitness (16 Hendricks Ave.)	\$15
_____	M 6/3 - 6 PM - 7 PM - outdoor yoga w/ Positive Addiction @ Norwalk City Hall (125 East Ave.)	\$20
_____	M 6/3 - 7:45 PM - 8:45 PM - yoga w/ Yogi Brian's (8 Parkhill Ave.)	\$24
_____	W 6/5 - 6 PM - 7 PM - outdoor boot camp w/ Positive Addiction @ Norwalk City Hall (125 East Ave.)	\$20
_____	Th 6/6 - 5:30 PM - 6:30 PM - Pranakriya yoga & meditation w/ Patricia O'Connor @ NHS gym	\$15
_____	M 6/10 - 4:30 PM - 5:15 PM - training w/ Xtreme Pulse Fitness (16 Hendricks Ave.)	\$15
_____	M 6/10 - 6 PM - 7 PM - outdoor yoga w/ Positive Addiction @ Norwalk City Hall (125 East Ave.)	\$20
_____	Tu 6/11 - 6:30 PM - 7:30 PM - yoga w/ Yoga 203 (3 Wall St., 2nd floor)	\$20
_____	W 6/12 - 6 PM - 7 PM - outdoor boot camp w/ Positive Addiction @ Norwalk City Hall (125 East Ave.)	\$20

Total Amount Paid: _____

****Return order form and payment to Miss DeMatteo in 204S or in the cafeteria during all 3 lunch shifts.****

Checks can be made out to *Norwalk High School*.

*Updated 5/15/19