

FROM THE NURSE

Sports Physicals (all grades):

Sports physicals are valid for thirteen months from the date the physical was performed, (i.e. a physical performed on November 18, 2018 will expire on December 17, 2019 and a new physical must be submitted to continue to be eligible for sports. The form must be on the CT Health form. Only a physical performed between July 1, 2019 and June 30, 2020 counts as the required ninth grade physical.

Please be sure you fill out the Parent's part of the form which is Part One on the first page.

Medication:

Medications that you want to be held in the nurses' office must be supplied and accompanied by an Authorization to Administer Medication form completed by your doctor and signed on the front by a parent. We encourage high school student to carry their own medications. If you and your doctor feel it is appropriate for your child to carry an inhaler, epi-pen or an Over the Counter medication, you must submit the same medication administration form but the doctor and you must sign and check off self administer on the bottom of the form. As in the sample below:

AUTHORIZATION BY PARENT / GUARDIAN

I hereby request that the above medication be administered by school personnel. I understand that I must supply the school with no more than a 3 months supply of medication. I understand that this medication will be destroyed if it is not picked up 1. within one week following termination of the order or 2. by the last day of school. I give my permission for the school nurse to communicate with the authorized prescriber as necessary to ensure the safe administration of such medication.

Parent/Guardian Signature: _____

Emergency Phone #: _____ **Date:** _____

SELF ADMINISTRATION OF MEDICATION AUTHORIZATION/ APPROVAL

Self-administration of medication may be authorized by the prescriber and parent/guardian and must be approved by the school nurse in accordance with Board policy.

Prescriber's authorization for self administration: YES NO _____
Signature Date

Parent/Guardian authorization for self administration: YES NO _____
Signature Date

All medical forms are available at www.Norwalkps.org >district>Health Services>forms

Ninth Grade Physicals.

Student coming from a Norwalk Public Middle School do not need to supply a physical form to start ninth grade unless they are participating in sports.

All Ninth Graders are required to submit a CT Health Assessment Record (Blue Form) for a physical performed between July 1, 2019 and June 30, 2020

Physicals done before July 1, 2019 will only count for sports.

Physicals done after July 1, 2019 will count for sports and the required ninth grade physical.

De la enfermera

Exámenes físicos para deportes (todos los grados):

Los exámenes físicos para deportes son válidos durante trece meses a partir de la fecha en que se realizó el examen físico (es decir, un examen físico realizado el 18 de noviembre de 2018 expirará el 17 de diciembre de 2019 y se debe presentar un nuevo examen físico para continuar siendo elegible para deportes. El formulario debe estar en el formulario de CT Health. Solo un examen físico realizado entre el 1 de julio de 2019 y el 30 de junio de 2020 cuenta como el examen físico de noveno grado requerido.

Asegúrese de completar la parte de los padres del formulario que es la Parte Uno en la primera página.

Medicación:

Los medicamentos que desea que se conserven en la oficina de las enfermeras deben ser suministrados y acompañados por un formulario de Autorización para administrar medicamentos completado por su médico y firmado por el padre en el frente. Alentamos a los estudiantes de secundaria a llevar sus propios medicamentos. Si usted y su médico consideran que es apropiado que su hijo lleve un inhalador, un epi-pen o un medicamento de venta libre, debe enviar el mismo formulario de administración de medicamentos, pero el médico y usted deben firmar y marcar la autoadministración. Como en el siguiente ejemplo:

AUTHORIZATION BY PARENT / GUARDIAN

I hereby request that the above medication be administered by school personnel. I understand that I must supply the school with no more than a 3 months supply of medication. I understand that this medication will be destroyed if it is not picked up 1. within one week following termination of the order or 2. by the last day of school. I give my permission for the school nurse to communicate with the authorized prescriber as necessary to ensure the safe administration of such medication.

Parent/Guardian Signature: _____

Emergency Phone #: _____ Date: _____

SELF ADMINISTRATION OF MEDICATION AUTHORIZATION/ APPROVAL

Self-administration of medication may be authorized by the prescriber and parent/guardian and must be approved by the school nurse in accordance with Board policy.

Prescriber's authorization for self administration: YES NO _____

Signature

Date

Parent/Guardian authorization for self administration: YES NO _____

Signature

Date

All medical forms are available at www.Norwalkps.org >district>Health Services>forms

Exámenes físicos de noveno grado.

Los estudiantes que vienen de una escuela middle pública de Norwalk no necesitan proporcionar una forma física para comenzar el noveno grado a menos que estén participando en deportes.

Se requiere que todos los estudiantes de noveno grado envíen un registro de evaluación de salud de CT (formulario azul) para un examen físico realizado entre el 1 de julio de 2019 y el 30 de junio de 2020

Los exámenes físicos realizados antes del 1 de julio de 2019 solo contarán para los deportes.

Los exámenes físicos realizados después del 1 de julio de 2019 contarán para los deportes y el examen físico requerido de noveno grado.