HUMAN ANATOMY & PHYSIOLOGY SUMMER WORK PACKET 2015

This summer, you are expected to review concepts that are essential to the understanding of this course. To guarantee success in this class, you MUST complete the following tasks in this packet:

- SET UP YOUR NOTEBOOK
- NOTES
- OPEN-ENDED QUESTIONS
- REVIEW WORKSHEETS

In order to accomplish these tasks, the HA&P book that Ms. Slason assigned you to borrow is recommended. You may also use internet sources, but double-check for accuracy. READ ALL DIRECTIONS, everywhere in this packet. Nothing is meant to trick or confuse.

The summer work is due your first day of school in class. An exam will be given in the first week; it is required of ALL students, regardless of the time of enrollment OR the effort or time you made available over the summer.

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**SET UP YOUR NOTEBOOK**

*For this class, you will keep a notebook.*

It must be assembled ahead of time, and in class your FIRST DAY of school:

1. Get any 3-ring binder that holds looseleaf paper (thick or thin, but you must carry it to class every day).
2. Label it on the front neatly with your full name.
3. Label and put in these 5 dividers:
   - Cells & Chem (This is where your summer work will go, please hole punch it as needed)
   - Introduction
   - Histology
   - Integumentary
   - Skeletal

4. Your responsibility now is to keep your assignments in the right sections and in order by date. I will explain more in class, and check periodically.

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**NOTES TO TAKE**

*Copy the following outline onto lined paper, and as you work, incorporate additional information, diagrams or examples to help you review and understand background knowledge that is necessary for this course.*

**PART 1: CHEMISTRY REVIEW**

I. Atoms and Compounds
   A. Atom
      1. Definition
      2. Basic Structure
   B. Elements
      1. Definition
      2. Biologically Important
         a. Most Abundant Elements (with Symbols and Significance)
   C. Compounds
1. Ionic Bonds
2. Covalent Bonds
   a. nonpolar
   b. polar
3. Hydrogen Bonds

II. States of Matter
   A. Gas
   B. Liquid
   C. Solid
   D. Boiling and freezing points

III. Chemical Reactions
   A. Energy
      1. Definition
      2. Importance in Biology
   B. Chemical Reaction Types
      1. Decomposition (ex: Hydrolysis)
      2. Synthesis Reactions (ex: Dehydration)
      3. Exchange Reactions
      4. Reversible Reactions
   C. Enzymes
      1. Definition
      2. Activation Energy

IV. Inorganic Chemistry
   A. Inorganic Compounds
      1. Definition
   B. Biologically Important
      1. Nutrients
      2. Metabolites
      3. Water
         a. importance in biology
         b. live-sustaining properties (due to H bonding)
   C. Aqueous Solutions
      1. Anions and Cations
      2. Electrolytes
         a. importance in biology
         b. examples
      3. Hydrophilic Compounds
      4. Hydrophobic Compounds
      5. Colloids
      6. Suspensions
      7. pH
         a. scale and ions
         b. acids
         c. bases
         d. salts
V. Organic Chemistry
   A. Organic Compound Definition
   B. Monomer Definition
   C. Polymer Definition
   D. Biomolecules
      1. lipids
         a. Structure
         b. Function
         c. Examples
      2. carbohydrates
         a. Structure
         b. Function
         c. Examples
      3. proteins
         a. Structure
         b. Function
         c. Examples
         d. Enzymes
            i. properties
            ii. what effects Enzyme Activity
      4. nucleic acids
         a. Structure
         b. Function
         c. Examples
         d. DNA
            i. structure
            ii. base Pairing
      5. ATP
         a. Structure
         b. Function
         c. Importance in Cells
         d. Metabolism
         e. Metabolic Turnover in Biology

PART 2: CELL BIOLOGY REVIEW

I. The Cell Theory

II. Cell Structure
   A. Cell Membrane
   B. Cytoplasm
      1. Definition
      2. Cytosol
   C. Organelles
      1. Types
      2. General Function
3. Examples (write qualities, examples, location, & functions for each)
   a. Cytoplasm (& Cytosol)
   b. Cytoskeleton (Microtubules & Filaments)
   c. Microvilli
   d. Centrioles
   e. Cilia
   f. Ribosomes
   g. Endoplasmic Reticulum
   h. Golgi Apparatus
   i. Lysosomes
   j. Peroxisomes
   k. Mitochondria

III. Cell Membrane
   A. Other Names
   B. Functions
   C. Composition
      1. Lipids
         a. Types
         b. Functions
      2. Proteins
         a. Types
         b. Functions
      3. Carbohydrates
         a. Types
         b. Functions
   D. Membrane Flow

IV. Nucleus
   A. Function
   B. Components
      1. Envelope (membrane)
      2. Pores
      3. Nucleoli
      4. Chromosomes
   C. Genetic Code

V. DNA
   A. Protein Synthesis Steps
      1. Gene Activation
      2. Transcription
      3. Translation
   B. Structure
      1. Nucleotides
      2. Genes
      3. Chromosomes
VI. Cell Membrane Transport: Passive
   A. Permeability
   B. Concentration Gradient
   C. Diffusion
      1. Simple
      2. Channels
      3. Osmosis
         a. Osmotic pressure
         b. Tonicity

VII. Cell Membrane Transport: Other
   A. Carrier-Mediated
   B. Facilitated Diffusion
   C. Active Transport
   D. Using Vesicles
      1. Endocytosis
      2. Exocytosis

VIII. The Cell Cycle
   A. Function
   B. Interphase
   C. Cell Division
      a. Mitosis (4 Steps)
      b. Cytokinesis
   D. Mitotic Rate
   E. Growth Factors
   F. Cancer
   G. Differentiation

➤ OPEN-ENDED QUESTIONS

Answer the following questions in complete sentences on lined paper unless otherwise specified. Please answer all questions with respect to HUMAN cells and systems only (i.e. mammalian/eukaryotic animal cells).

1. Define homeostasis, and give an example from the human body.
2. Explain why homeostatic regulation is physiologically important.
3. Define metabolism, and differentiate between catabolism and anabolism. Provide an example of each.
4. Describe how the following processes enable the synthesis of the ATP inside human cells:
   a. Glycolysis
   b. Lactic Acid Fermentation
   c. Cellular Respiration
5. Write and describe examples of dehydration synthesis and hydrolysis reaction in peptide bonding.
6. Sequentially list all phases and stages of the cell cycle, and describe major events in each.
7. Describe the importance of the cell cycle for cell growth and maintenance.
8. Explain how cells become cancerous (relate it to the cell cycle).
9. List the 4 major classes of organic compounds in biochemistry. For each, give the generic name of the monomer, and well as examples of monomers and polymers for each family.
10. Using the concepts of energy, substrates/reactants and products, explain how an enzyme functions in cells.
11. What factors can speed or slow the rate of enzyme activity? What is denaturation, and what causes it?
12. Sometimes a "lock and key model" is said in reference to enzymes. Explain and give examples.
13. How and why is the cell membrane said to be selectively permeable? Give examples.
14. Compare and contrast the passive and active methods cells use to move materials across the membrane, incorporating the concept of protein channels.
15. The idea of hierarchy, or levels of organization, are very important in this course. Fill in the chart on the BACK OF THIS PACKET with the following terms in order, from simplest to most complex. You may need to research what some of these terms are.
   - cell
   - element
   - functional group
   - macromolecule
   - organelle
   - organ
   - organism
   - system
   - tissue
   **Once you have them in order, give two examples in the human body for each level.
16. In this class, we will hone our skills in deciphering medical technology. Many times you must break down the words into prefixes, roots, and suffixes. What do the words "anatomy" and "physiology" literally mean if you break them down? Use this to explain the skills and knowledge we will obtain in this course.
17. In a few sentences, describe why you signed up for this course. There are no right or wrong answers, but focus on your motivations and aspirations after you graduate from high school. Also, describe what you hope to achieve or learn in this course. Be as specific as you can!

➢ WORKSHEETS

Study all worksheets on the next several pages carefully, and label and fill-in as needed. A few may require lined paper. You may need to perform additional research and/or add to your notes. As always, read directions carefully for success. If you are downloading this packet from the internet, please print out the worksheets so they can be collected.
Organic Compounds Concept Map

WORD BANK
THE EUKARYOTIC ANIMAL CELL

Carefully color the animal cell below, using a DIFFERENT color for each structure or organelle. You do not need to color EVERY part as long as you’ve colored one of each type. The following chart will guide you, and help you to create a key to number the animal cell structures below, as well as help you study.
THE EUKARYOTIC ANIMAL CELL
After you colored the previous animal cell, fill in the colors you used as well as the function of each organelle.

<table>
<thead>
<tr>
<th>Cell Structure</th>
<th>Color</th>
<th>Function</th>
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<tbody>
<tr>
<td>1. smooth endoplasmic reticulum</td>
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<td>2. rough endoplasmic reticulum</td>
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<td>3. lysosome</td>
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<td>4. nucleolus (plural: nucleoli)</td>
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<td>5. nuclear envelope</td>
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<td>6. chromatin</td>
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<tr>
<td>7.</td>
<td>nuclear pore</td>
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<td>8.</td>
<td>peroxisome</td>
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<td>9.</td>
<td>centriole</td>
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<tr>
<td>10.</td>
<td>mitochondrion</td>
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<tr>
<td>11.</td>
<td>cell membrane</td>
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<tr>
<td>12.</td>
<td>cytoskeleton</td>
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<tr>
<td>13.</td>
<td>ribosome</td>
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</table>
COMPUTER ACTIVITY: Genetics and DNA Tutorial/Review

Directions: Follow all prompts to go through online demonstrations of DNA lessons, answering questions along the way.

A. Getting Started
1. Open a web browser: learn.genetics.utah.edu
2. Once there, you may use the menu or search option to find and complete the tutorials below.
3. Answer all questions.

B. What is DNA?
1. Where in the human body does this demo examine?
2. What do those cells support?
3. Click Next. Once you are INSIDE A CELL, what tells your cells what roles it will have in your body?
4. Click Next. When you see DNA HELIX, click Next. What 2 things make up the "backbone" or sides of DNA?
5. What sort of bond keep the base pairs together?
6. Which base pairs with T? Which base pairs with C?
7. What do scientists call the twisted ladder shape of DNA?
8. Click Next. What 4 letters are there in DNA?
9. How many letters are there in each "word" of DNA?
10. The sentences of DNA are called what?
11. What do these sentences tell the cell to do?

C. What is a Gene?
1. Like chromosomes, genes instruct cells to make ____________________________. Click Next.
2. Genes are made of ____________________________. Next!
3. The genes that this demonstration encode for which protein that we've discussed before?
4. How many genes do we have?
5. If we have that many genes, are genes smaller or bigger than chromosomes?
6. Next! Once you're looking at a HEMOGLOBIN MOLECULE, what is the blue circle?
7. What evidence do you have that this protein is complex?
8. Next! What do we call the changing of our genes?
9. What specific blood cell disorder are they talking about?
10. Next! Do genes only encode for things we see, like eye color and hair? Explain.
D. What Is a Chromosome?
1. How long is all of our DNA put together?
2. How does the DNA fit into the cell?
3. Next! What is the DNA wrapping around in this picture?
4. Next! What are chromosomes?
5. Next! How many pairs of chromosomes are there, and why is the X and Y not numbered? What are they for?
6. Think hard: Why are these chromosomes NOT in the shape of X's?
7. Next! What form of DNA can we see with a microscope?
8. This set of chromosomes is of a boy or a girl? How do you know? Explain!
9. Next! Compare the chromosome numbers of humans, mosquitos, onion plants, and carp.
10. Does having more than 46 chromosomes make you extra smart? Look at picture for evidence to EXPLAIN.

E. What is a Protein?
1. How is a protein like a car engine?
2. Next..Receptor proteins are responsible for picking up what?
3. Each gene in DNA encodes info on how to make what?
4. Once in the cytoplasm the _____ reads the message.

F. What is Heredity?
1. What is heredity?
2. What percentage of a person's chromosomes come from his mother? His father?
3. A single cell called a _____ is formed when a sperm and egg join.
4. Each child inherits a _____ set of chromosomes.

G. What is a Trait?
1. Give examples of physical traits.
2. A dog fetching a bone is what type of trait?
3. The set of information for each form of a trait is called a ________ by scientists.

G. Build a DNA molecule
1. Please use demonstration to create different combinations of bases on the template.
2. Does it allow you to pair any of those A's with a C? G? T? Why?
3. Once you figure out the base pair rules, you may stop building.

4. Adenine always pairs with ______; while Cytosine and _____ always pair.

H. Transcribe and Translate a Gene
1. What is the difference in meaning between the everyday words "transcribe" and "translate?" USE AN ONLINE DICTIONARY!

2. Next... You have a DNA strand. You are about to use this as a template to make RNA (transcription). You must use the keyboard to type the letters to pair with with base, starting with A. RNA is much like DNA, but what does it have instead of thymine?

3. After you type your RNA strand and know it's correct, write it here:

4. Now the RNA strand becomes a template to make a protein. You must steer cursor to the first AUG sequence in the RNA strand. This says to the cell "START!" It also means Methionine, so find the AUG/Met amino acid in the chart, and drag it to the strand.

5. Once you're done matching amino acids to RNA bits on the puter, write it by finishing this one I've started:

   AUG CUA
   Methionine Leucine

6. Which RNA sequence told the cell to STOP reading this particular gene?

7. How many amino acids were strung together?

8. Does this make a large protein? EXPLAIN!

9. Now that you know more about DNA transcription and translation, think about your answer to number 1 (definitions of transcribe and translate). Think about and explain an analogy between DNA transcription/translation to language transcription/translation.

I. What Makes a Firefly Glow
Watch and read the entire animation. Then write the ROLE of each in making a firefly glow:

1. luc gene 2. DNA 3. RNA copy 4. ribosome
5. luciferase 6. luciferin 7. oxygen 8. oxyluciferin
Body Systems

1. pituitary gland
   - controls

2. spinal cord
   - includes
   - functions to
   - includes

3. skin
   - includes
   - functions in
   - includes
   - support

4. sweat glands
   - includes

5. bones
   - includes
   - functions in

6. posture
   - includes

7. bladder
   - includes

8. filters
   - includes
   - from

9. heart
   - to be
   - from
   - into

10. heart
   - to be
   - from
   - into

11. stomach
   - breaks down
   - includes

12. males
   - includes

13. females
   - includes

14. ovaries
   - in

15. Endocrine
   - includes

16. functions to

Word Bank
- females, brain, kidneys, regulate temperature, skeletal, ligaments, wastes, transport, food, thyroid, esophagus, testes, coordination, reproductive, movement, blood
<table>
<thead>
<tr>
<th>Order</th>
<th>Organizational Term</th>
<th>Example 1</th>
<th>Example 2</th>
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<tr>
<td>Most Complex --</td>
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MEDICAL CAREERS AND SCIENCES CROSSWORD CLUES

Across
1. licensed or registered health caregiver
3. branch of medicine that deals with pregnancy and childbirth
4. a hormone specialist
6. trained to draw blood from a patient
8. branch of science dealing with tissues
10. study of cancer
11. doctor who specializes in the heart and its diseases
12. doctor what MD stands for
13. specialized doctor for children
15. study of how your body fights disease and pathogens
16. person who helps patients rehabilitate to achieve mobility or functionality of their bodies
17. skin doctor
18. medicine dealing with care and treatment of the feet
19. person who studies the brain and nerves
20. pathology specialty helping people to articulate
21. highly skilled in biochemistry, this professional dispenses controlled medications
22. general term for a healthcare paraprofessional who is trained, but not licensed
23. medicine and care dealing with the oral cavity
24. histologists, hematologists and other medical researchers/workers spend time here
25. unlike psychologists, these doctors are medically trained and can prescribe psychoactive drugs
26. study of disease
27. branch of medicine dealing with aging
28. deals with respiratory care and diseases

Down
2. public health researcher who statistically analyzes risk factors and mortality
3. commonly known as a "ear, nose and throat" doctor
5. doctor who specializes in female reproductive health
7. study of poisons and their effect on physiology
9. a highly trained doctor who performs incisions and excisions
11. health paraprofessional who works under the supervision of a nurse
13. healthcare professional who practices medicine, but with doctor's supervision
14. a person who is surgically and medically specialized to care for the eye and eye diseases

31 of 31 words were placed into the puzzle.

Created by Puzzlemaker at DiscoveryEducation.com